

PSY-413: Course Title: Environmental Psychology (3 CHs)

Pre-requisite: None

Course Objectives:

The course will facilitate students to:

- Familiarize students with the concept of Environmental Psychology, theories and perspectives, and research methods of environmental psychology.
- Gain knowledge about human-environment interaction and how both affect each other.

Course Learning Outcomes:

After completing this course students will be able to:

- Explain various perspectives on human-environment interrelationship.
- Critically analyze ways in which the environment influences our feelings and experiences.

Course Contents:

- Introduction (Definition, scope, historical background, importance and application of environmental psychology)
- Humans and Natural Environments (Nature and Physical Health, Nature and Mental Health, Ecosystem Services, Biophilia and Biophobia, Geographical Psychology, Environmental perception, cognition & attitude; social interaction an environment; impact of environment on personality development and individual differences)
- Theories of Environmental Psychology (Arousal Theories, Stimulus Load, Behavioural Constraint, Adaptation Level Theories, Environmental Stress Theories)
- Humans and Built Environments (Environmental Stressors, Environment and Crime, Socioecological Psychology, Urban Design, Town Planning and Urbanization, Sense of Place, Placemaking, Agentic Perspectives)
- Research Method in Environmental Psychology
- Weather, Climate and Human Behavior (Humans and Global Environmental, Impacts of Environmental Change, Public Understanding of Climate Change, Climate Action, Explaining Action, and Inaction: Major Theories, Explaining Action and Inaction: Recent Perspectives, Behavioral Interventions, Other Interventions, Socio-Political Changes)

Textbooks:

- Bonnes, M., & Secchiaroli, G. (1995). Environmental Psychology: A Psycho-social Introduction. London: SAGE.
- de Groot, J. I. M., Berg, A. E. van den, & Steg, L. (2012). Environmental Psychology: An Introduction. Chichester, West Sussex: Wiley-Blackwell
- Stokols, D., & Altman, I. (Eds). (2000). Handbook of environmental Psychology, New York: Wiley.

- Clayton, S. (Ed.). (2012). The Oxford handbook of environmental and conservation psychology. New York, NY: Oxford University Press. (on library course reserve)
- Clayton, S., & Manning, C. (Eds.). (2018). Psychology and climate change: Human perceptions, impacts, and responses. London, UK: Academic Press. (e-copy available in library)
- Gifford, R. (Ed.). (2016). Research methods for environmental psychology. UK: John Wiley & Sons. (e-copy available in library)
- Kopec, D. (2018). Environmental psychology for design. Fairchild Books. (on library course reserve)
- Steg, L., van den Berg, A. E., & de Groot, J. I. M. (Eds.). (2019). Environmental psychology: An introduction (2nd Edition). UK: John Wiley & Sons. (e-copy available in library)